Enjoying
New York's
Wine Country
Safety & Responsibly

If you are driving, please be aware of the amount of wine you consume.

**Ounces Add Up**

A typical wine tasting pour consists of 1-2 oz. of wine. If you sample several wines at each winery and visit several wineries in succession, your ability to drive a motor vehicle may become impaired.

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**Blood Alcohol Concentration (BAC)**

- **MEN**: Average 170 lb male on an empty stomach
- **WOMEN**: Average 135 lb female on an empty stomach

**Legally Intoxicated**

**Legally Impaired**

<table>
<thead>
<tr>
<th>Ounces of Wine Consumed in a 2 Hour Period</th>
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<tbody>
<tr>
<td>5 oz.</td>
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<td>.02</td>
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<td>.04</td>
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<td>.06</td>
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New York’s wine & grape producers want you to return home safely and return again to New York’s Wine Country!
.08 is the Law In New York State

By the time you sample several wines at a given winery, you may have consumed a full serving, or 5 ounces.

On average, every 5 ounces of wine raises the Blood Alcohol Concentration (BAC) by .02 percent.

Since the human body will only process about 5 ounces of wine per hour, additional servings will cause your BAC to rise and may result in impairment.

Don't Risk It
Drink Responsibly, Drive Carefully, and Always Buckle Up!

With funding from the Governor's Traffic Safety Committee